

B1

LET'S LEARN ENGLISH!

Lesson 01 :
Daily activities

START



Title of the lesson

1rst Part

Titre de la leçon
1ère partie

Daily activities

In this lesson, you will listen, read, speak, and write about daily activities in Australia. You will practice routines, actions in progress, permission, conditions, and apologies

Competences covered:

Listening, reading, speaking, writing, interaction, mediation



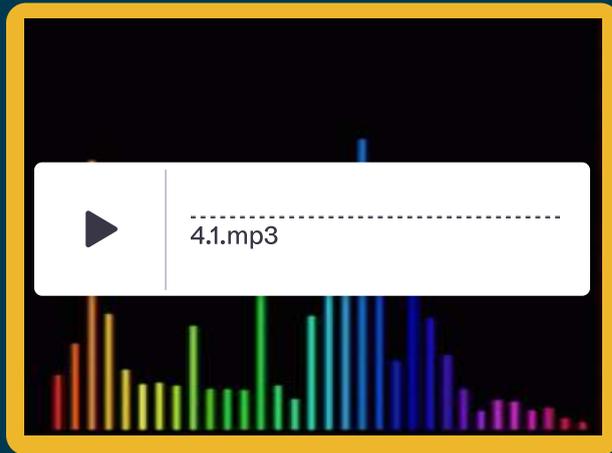
Here are the specific Objectives of the Lesson :

- ▶ Formulate conditions to do something (If I finish my homework, I can go out.)
- ▶ Ask and grant permission (May I borrow your book? – Yes, you may.)
- ▶ Ask for apology and apologize (I'm sorry for being late. – That's okay.)
- ▶ Describe routines and actions in progress (Present Simple vs Present Continuous).

LISTEN TO THE AUDIO 01

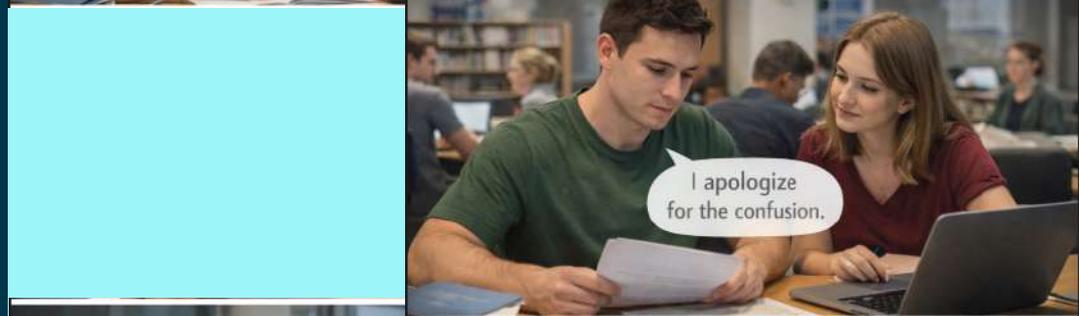


Morning Life in Sydney



Pay attention to :

- Daily routines (wake up, go to work)
- Actions in progress
- Asking permission
- Apologizing politely



Sarah lives in Melbourne.

True

False

Send



She wakes up at 6 a.m.

True

False

Send



←

Jack asks permission to use the printer.

True

False

Send



Sarah ignores the noise.

True

False

Send



←

She never walks after work.

True

False

Send

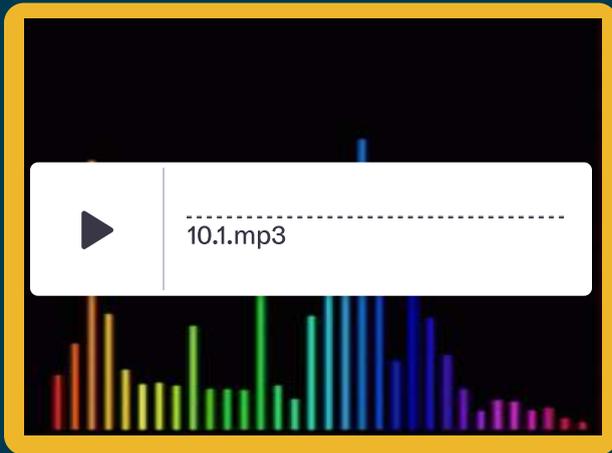
→



LISTEN TO THE AUDIO 02



An Afternoon at Adelaide University



Pay attention to :

- Study routines
- Formal permission
- Formal apologies
- Conditional sentences



Michael studies medicine

True

False

Send



←

He usually studies in the morning.

True

False

Send



Emily opens the window without asking.

True

False

Send



Michael apologizes.

True

False

Send



Rules are not important.

True

False

Send



Thomas Green lives in Brisbane and works for a construction company. He usually wakes up at 6:30 a.m. and checks his phone for messages. Every morning, he drives to work and organizes tasks for his team. These activities are part of his daily routine.

Today is different because Laura Bennett, a new employee, is joining the team. Right now, Thomas is explaining the daily schedule while Laura is listening carefully and taking notes. She is learning how the company operates.

At lunchtime, Laura asks, "Can I ask a question?" Thomas answers politely. She wants to know what happens if workers arrive late. Thomas explains that if someone arrives late, they must inform the supervisor immediately.

Later in the afternoon, Laura interrupts a meeting by mistake. She quickly says, "I'm sorry for interrupting." Thomas accepts her apology and continues the meeting.

In the evening, Thomas usually relaxes at home, but today he is preparing reports because tomorrow is an important day.



A Working Day in Brisbane



Now, read the text



Thomas Green lives in Brisbane and works for a construction company. He usually wakes up at 6:30 a.m. and checks his phone for messages. Every morning, he drives to work and organizes tasks for his team. These activities are part of his daily routine.

Today is different because Laura Bennett, a new employee, is joining the team. Right now, Thomas is explaining the daily schedule while Laura is listening carefully and taking notes. She is learning how the company operates.

At lunchtime, Laura asks, "Can I ask a question?" Thomas answers politely. She wants to know what happens if workers arrive late. Thomas explains that if someone arrives late, they must inform the supervisor immediately.

Later in the afternoon, Laura interrupts a meeting by mistake. She quickly says, "I'm sorry for interrupting." Thomas accepts her apology and continues the meeting.

In the evening, Thomas usually relaxes at home, but today he is preparing reports because tomorrow is an important day.

Key vocabulary

English Word / Expression	Explanation	French Translation
work meeting	time when people talk about work	réunion de travail
manager	person in charge of a team	responsable / manager
smile	show happiness	sourire
company	place where people work	entreprise
team member	person in the team	membre de l'équipe
join	become part of	rejoindre
skills	things you can do well	compétences
department	part of a company	service / département
teamwork	working well with others	travail d'équipe
interview	formal talk for a job	entretien
weekly tasks	work to do every week	tâches hebdomadaires
work meeting	time when people talk about work	réunion de travail

1. Thomas lives in:

Brisbane

Perth

Sydney

Send



2. His job is:

Student

Teacher

Project coordinator

Send



3. Laura is:

a visitor

a new employee

a client

Send



4. Laura is currently:

driving

sleeping

taking notes

Send



5. Thomas explains what happens if:

workers arrive late

workers rest

workers leave early

Send



6. Laura apologizes for:

interrupting the meeting

interrupting

being late

Send



7. Thomas prepares reports because:

today is free

he is bored

tomorrow is important

Send



Sentence completion (drag-and-drop)

Complete the sentences :

1 . I usually at 7 a.m.

2 . Right now, I English.

3 . I finish early, I will rest.

4 . I ask a question?

⋮ am studying

⋮ wake up

⋮ May

⋮ If

Matching Exercise

Match the expressions with their meaning.

1. Ask permission →

2. Apologize →

3. Routine →

4. Action now →

⋮ b) I am studying English

⋮ a) I'm sorry for being late

⋮ c) May I sit here?

⋮ d) I usually wake up at six

Let's pronounce this key sentences.

1. Excuse me, are you working here? I usually come in the morning, but today I am visiting later. Could you please tell me if this place opens every day?



Listen and repeat

2. Good afternoon, may I ask you a question? I am new in this area, and I am looking for information about daily activities around here.

3. Sorry to disturb you, but are you waiting for the bus? If you are, could I sit next to you and ask a quick question?



4. Hello, do you work in this office? I usually contact people by email, but today I am asking in person because it is urgent.

5. Excuse me, are you using this chair? If you are not, may I take it? I am working on a project right now.

6. Good morning, can I ask you something? I usually walk to work, but today I am taking the train. Is this the right platform?



Why is it important to talk about daily activities?

Talking about daily activities helps people organize their lives and communicate clearly. It allows others to understand schedules, habits, and responsibilities, which is important at work, school, and in social situations.



Let's go writing

 Describe your daily routine and one action you are doing now (80–100 words).



 *Example here*





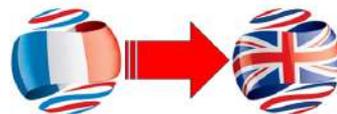
I usually wake up early and go to work by bus. Right now, I am studying English online. If I finish early, I relax at home.

Translation exercise 1

(French to English)

Translate the following French sentences into simple, correct English :

Chaque jour, je travaille le matin, mais aujourd'hui je suis à la maison parce que je suis malade.



*Click here and compare
with yours*





Text:

Chaque jour, je travaille le matin, mais aujourd'hui je suis à la maison parce que je suis malade.

Answer:

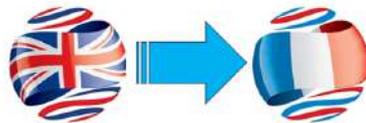
Every day, I work in the morning, but today I am at home because I am sick.

Translation exercise 2

(English to French)

Translate the following French sentences into simple, correct English :

I usually manage my tasks carefully. Today, I am dealing with unexpected problems. If I finish my work on time, I will apologize to my team for the delay and ask permission to leave early.



*Click here and compare
with yours*





Text:

I usually manage my tasks carefully. Today, I am dealing with unexpected problems. If I finish my work on time, I will apologize to my team for the delay and ask permission to leave early.

Answer:

Je gère habituellement mes tâches avec soin. Aujourd'hui, je fais face à des problèmes imprévus. Si je termine mon travail à temps, je présenterai mes excuses à mon équipe et demanderai la permission de partir plus tôt.

Title of the lesson

Part 2

Titre de la leçon

Deuxième partie



LANGUAGE STRUCTURE

How to describe routines and
actions in progress
(Present Simple vs Present
Continuous)



Contextualization



1. What does Thomas usually do every day?
2. What is happening right now in the text?
3. What's the difference between these two types of actions?

Observation and manipulation



- He usually wakes up at 6:30 a.m.
- Right now, Thomas is explaining the daily schedule.



- Thomas usually **wakes up** at 6:30 a.m. →
He usually **drinks** coffee in the morning.
- Right now, Thomas **is explaining** the daily schedule → Right now, Laura **is asking** questions.

Classification: Identify sentences in Present Simple vs Present Continuous.

Present Simple	Present Continuous
He usually wakes up at 6:30 a.m.	Right now, Thomas is explaining the schedule.
He drives to work	Laura is listening carefully.
Thomas answers politely	She is learning how the company operates.



✓ Mini-syntax challenge:

Transform a Present Continuous sentence into Present Simple to describe a routine.

1. Thomas is explaining the daily schedule.
2. Laura is taking notes.
3. Thomas is preparing reports.
4. The workers are arriving late.



Correction





Thomas is explaining the daily schedule.

→ Thomas explains the daily schedule every morning.

Laura is taking notes.

→ Laura takes notes during meetings.

Thomas is preparing reports.

→ Thomas prepares reports at the end of the day.

The workers are arriving late.

→ Some workers arrive late on Mondays.



✓ Mini-syntax challenge:

2- Choose the correct time expression and adapt the verb tense.

Present Simple (routine markers)

Use: every day / usually / always

1. Thomas _____ (check) his phone every day.
2. He _____ (drive) to work usually.
3. Laura _____ (ask) questions always during meetings.



Correction





1. Present Simple (routine markers)

Use: every day / usually / always

Thomas _____ (check) his phone every day.

→ Thomas checks his phone every day.

He _____ (drive) to work usually.

→ He usually drives to work.

Laura _____ (ask) questions always during meetings.

→ Laura always asks questions during meetings.

Connection summary



1- Present Simple + **every day / usually / always** → routine, habit

2- Present Continuous + **now / at the moment / today** → action happening now or temporarily



✓ Short writing (Production)

Write 5–6 sentences about:

- your daily routine (Present Simple), and
- what you are doing today or right now (Present Continuous).

👉 Use at least 2 time expressions
(every day, usually, now, today, at the moment).



Correction





Model Answer :

Every day, I wake up early and usually have breakfast at home before work. I go to work by bus and start my job at 8 a.m. In the evening, I usually relax or watch TV with my family.

Today is different because I am working on an important project. Right now, I am sitting at my desk and writing a report. At the moment, I am concentrating on my tasks and answering emails.

Choose the correct word or expression

Thomas usually ___ up at 6:30.

wakes

is waking

Today, the team ___ a meeting.

is having

has

Laura ___ notes right now.

is taking

takes

Thomas ___ reports in the evening.

is usually preparing

usually prepares

He ___ to work every day.

drives

is driving

Look! Laura ___ carefully.

listens

is listening

CONCLUSION

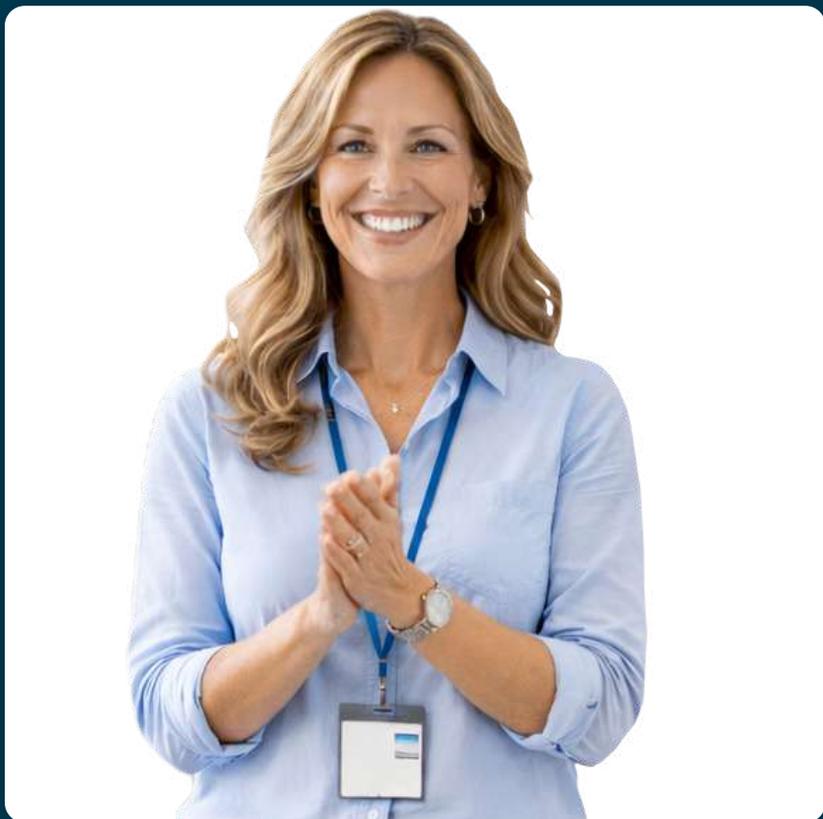
Write one or two things you can do after this lesson.

Example : "In this lesson, I learned how to describe daily routines and actions in progress. I practiced asking for permission, apologizing, and using conditional sentences. I improved my listening, reading, speaking, and writing skills through activities about daily life in Australia."





THANK YOU !



THE END !

Let's move to the next lesson

